



PRE-OPERATIVE

INSTRUCTIONS

for

Your surgery has been scheduled for:

at _____

Please report to Hendrick Medical Center South
Out-Patient Pavilion Entrance
6250 US Highway 83
Abilene, Texas
325.428.1000

- Following your Pre-op appointment with Dr. McCain, you can proceed to your Pre-op appointment at the hospital. Same entrance as above. During your Pre-op appointment you will typically have blood work done, usually a blood count, metabolic panel, urinalysis, pregnancy test, blood type and antibody screening, and other testing if appropriate. Additional testing may be required depending on your medical history, such as a chest X-Ray and EKG.

- A nurse from the hospital will call you prior to your surgery to obtain your medical history, what medications you are taking and give you instructions in preparation for your surgery.
- You may be tested for COVID if you are displaying any respiratory symptoms.

DAY OF PROCEDURE:

- Every effort is made on the part of the OR team to ensure your surgery begins on time. However, your surgery may be delayed as a result of a hospital emergency, or because of commonly encountered variations in the length of certain procedures due to unanticipated findings. In rare instances a surgery may be canceled secondary to technical issues with equipment/staffing or supplies. Please bring reading material or other things to pass the time while you wait. Wi-Fi is available.
- All patients are required to have an escort home after surgery.
- Your designated contact person will be updated by the operating room nurse during the procedure if possible. Dr. McCain will call the contact person after your surgery has been completed to discuss the outcome and findings at the time of surgery.
- **NOTHING TO EAT OR DRINK AFTER MIDNIGHT**

If you have any questions regarding your surgery or Pre-op instructions, please call the office. **325.690.0620.**